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Alum Rock Youth Center 137 N. White Rd., San José 95127

Phone: (408) 251-5757 **Fax:** (408) 251-4433 **Supervisor:** Ed Solis

Email: ed.solis@sanjoseca.gov

Bus Line: 71 and 64

Types of programs: Youth programs, After School recreation, leisure classes (all ages), rentals, sports leagues, and special events.

Youth Center Programs are free to youth ages 10-17 years old.

Student Union - Open Monday-Friday 2-6pm

- College Enrichment Programs (Financial aid, college entry, and expectations)
- College Trips
- Guest Speakers and Life Skill

Computer Lab - Open Monday-Friday 2-6pm

- Tutoring
- Homework Help
- Reading Club
- Quiet Time (3-4:30pm)

Game Room - Open Monday-Friday 2-6pm

- Tournaments every other Thursday (Ping Pong, Pool, Air Hockey, and Foosball)
- Tournaments against other youth centers
- Field Trips

Gym - Open gym 3-6pm

Additional Programs offered at the Alum Rock Youth Center

- Parent Referral Resources
- Youth Intervention Referral Services
- Disability Resource
- Therapeutic Recreation Program
- Sentencing Alternatives Program

Therapeutic Recreation

- Leisure Club East
- Creative Movement & Dance Kids
- Creative Movement and Dance Teens

Pride Program − Every Wednesday • 3-4pm

OUR MISSION: To support the livability of neighborhoods, offer opportunities for individuals to enjoy life, and strengthen communities of people.

ARTS & CRAFTS

Sensory Art with Ms. Ivers - NEW

\$43

It's time for lots of fun with Ms. Ivers and her creative art projects. This wacky art class will include shaving cream painting, Ms. Ivers crazy 24-hour putty, strawberry playing dough (not for eating) and fun glove painting. Come prepared for fun.

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.100	Sa	7/9-7/30	10:30-11:30am	5-7	4	ARYC

DANCE

Ballet Beg - NEW

\$49

This class is designed for beginning dance students to learn ballet. Students must wear hard soled shoes and loose clothing or leotard. All participants must be toilet trained.

Instructor: Dance Art Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.202	F	7/1-8/19	11:30am-12:	30pm3-5	8	ARYC

Ballet/Tap

\$49

This class is designed for beginning dance student to learn ballet. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital. Participants must be toilet trained.

Instructor: Dance Art Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.201	Th	7/7-8/25	6:30-7:30pm	3-6	8	ARYC
289.1.203	T	7/5-8/23	5:30-6:30pm	5-11	8	ARYC

Hawaiian Dance - NEW

\$49

Learn to dance and sway to authentic Hawaiian music and have lots of fun! The next time you travel to Hawaii or are just hanging around the pool you will be able to dance like a Hawaiian native.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.207	W	7/6-8/24	5:30-6:30pm	6-12	8	ARYC
289.1.210	Th	7/7-8/25	12:30-1:30pm	3-5	8	ARYC

Hip Hop Dance

\$49

Explore beginner and intermediate hip hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety and of course have fun doing it.

Instructor: Dance Art Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.204	Sa	7/2-8/20	10:30-11:30am	11+	8	ARYC

Alum Rock Youth Center continues on next page

COMMUNITY CENTERS

DANCE

Jazz/Hip Hop Dance

Explore beginner and intermediate hip hop dance, music, and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety and of course, have fun doing it.

Instructor: Dance Art Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.205	Th	7/7-8/25	1:30-2:30pm	3-6	8	ARYC

Hip Hop Dance

\$49

Have you ever watched a pop or hip hop video or concert and thought to yourself I would love to learn to dances like that! Well the time is here come join the "fun" and learn the latest hip hop dance moves with choreography by Kenyatta. In this comfortable, fun, non-competitive setting you will learn how to count music, how to perform in front of a group, also how to dance with strong movements. This class will also build self-esteem and confidence.

Instructor: Ali

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.208	T	7/5-8/23	6-6:55pm	7-13	8	ARYC
289.1.209	T	7/5-8/23	7-7:55pm	14-18	8	ARYC

MUSIC/THEATER ARTS

Piano Keyboard – Level 1 – NEW

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony, and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor will be collected at the first class. Students must bring their own set of headphones.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.401	Sa	7/2-8/20	9-9:45am	6-7	8	ARYC
289.1.402	Sa	7/2-8/20	9:50-10:35am	8-12	8	ARYC

Song and Dance

\$49

Students will learn dance movement and sing. Students will dance to age appropriate music. Parents are allowed to stay for the first 10 minutes of the first class day and for the recital.

Instructor: Dance Art Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.206	Th	7/7-8/25	5:30-6:30pm	2-4	8	ARYC

Parks and Recreation is for everyone! Let us know what accommodations we can make to meet your needs.

SPORTS & FITNESS

Floor Gymnastics

\$49

Do you like to move? Come and learn basic gymnastics skills such as cartwheels, backbends, handstands, and more.

			Instructor: Dance Art Academy					
Course #	Day	Date	Time	Age	Mtg.	Loc.		
289.1.501	T	7/5-8/23	6:30-7:30pm	5-11	8	ARYC		
289 1 502	۱۸/	7/6-8/2/	6.30-7.30nm	11⊥	Q	V BAC		

Gymnastics - Parent and Tot

\$49

This is a parent participation class where the parent can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in class.

			Instructor	ictor: Dance Art Academy		
Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.503	Sa	7/2-8/20	12:30-1:30pm	1.5-3	8	ARYC
289.1.504	F	7/1-8/19	1:30-2:30pm	1.5-3	8	ARYC

Gymnastics - Tiny Tots

\$49

This class is designed to teach basic gymnastics skills, including movement exploration, balance and coordination. Parents may attend 10 minutes of the first class and a performance at the last class meeting only.

Instructor: Dance Art Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.1.505	S	7/2-8/20	1:30-2:30pm	3-6	8	ARYC
289.1.506	F	7/1-8/19	12:30-1:30pm	3-6	8	ARYC

SUMMER LEAGUE

T Ball/Modified Baseball

\$50

Dates: 8/27-10/8 Ages: 3 - 11 No Game 9/3

Our noncompetitive league is designed to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, awards, and a Bar-B-Q.

Coaches Needed! The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.1.911	Sa	8/27-10/8	9-10am	3-4	6	ARYC
211.1.912	Sa	8/27-10/8	10:30am-12pm	5-6	6	ARYC
211.1.913	Sa	8/27-10/8	1-2:30pm	7-8	6	ARYC
211.1.914	Sa	8/27-10/8	3-4:30pm	9-11	6	ARYC

Co-ed Football League

\$50

Dates: 9/10-10/22 Ages: 3 - 11

Our noncompetitive Football league is design to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, awards, and a Bar-B-Q.

Coaches Needed! The coaches' meeting is on Wednesday, August 24, at 7p.m. at Alum Rock Youth Center. The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Course # Da	y Date	Time	Age	Mtg.	Loc.
211.1.914 Sa	9/10-10/22	9-10am	3-4	7	ARYC
211.1.915 Sa	9/10-10/22	10:30am-12pm	5-6	7	ARYC
211.1.916 Sa	9/10-10/22	1-2:30pm	7-8	7	ARYC
211.1.917 Sa	9/10-10/22	3-4:30pm	9-11	7	ARYC

Summer Coed Soccer League

\$50

Dates: 7/9-8/20 Ages: 3 - 11

Our noncompetitive soccer league is design to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, awards, and a Bar-B-Q.

Coaches Needed! The coaches' meeting is on Wednesday June 29, 2005 at 7:00 p.m. at Alum Rock Youth Center. The City of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Course # Day	Date	Time	Age	Mtg.	Loc.
211.1.918 Sa	7/9-8/20	9-10am	3-4	7	ARYC
211.1.919 Sa	7/9-8/20	10:30am-12pm	5-6	7	ARYC
211.1.920 Sa	7/9-8/20	1-2:30pm	7-8	7	ARYC
211.1.921 Sa	7/9-8/20	3-4:30pm	9-11	7	ARYC

SUMMER SPORTS CAMPS

Skyhawks Sports Camp

\$131

Skyhawks sports program schedules differ depending upon the sport and the program. Consistent in each program is Skyhawks' emphasis on building skills. Participants begin each session with exercises tailored to each sport. Breaks are given throughout the day. Follow a lunch or snack break, participants apply their developing skills with games, fun activities and small team scrimmages. Each participant must bring lunch, snack appropriate shoes, water bottle and sunscreen. In addition, baseball participants must provide a glove; Mini-Hawk and soccer participants must provide shin guards. All camps are held at Alum Rock Youth Center.

Soccer Camp

Cours	se #	Day	Date	Time	Age	Mtg.	Loc.
210.1	.901	M-F	6/20-6/24	9am-3pm	6-14	5	ARYC
Basl	ketk	oall C					
Cours	se#	Day	Date	Time	Age	Mtg.	Loc.
210.1	.902	M-F	6/27-7/1	9am-3pm	7-14	5	ARYC
210.1	.903	M-F	8/8-8/21	9am-3pm	7-14	5	ARYC
Min	i-Ha	wks:			\$110		
Cours	se#	Day	Date	Time	Age	Mtg.	Loc.
210.1	.904	M-F	6/13-6/17	9am-12pm	4-7	5	ARYC

ADULT CLASSES

Piano Keyboard – Level 1 NEW

\$74

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Level 1: Beginner level with no prior keyboard experience. Accesss to a piano or keyboard is recommended. A \$15 music book fee for age 13+ is payable to the instructor and will be collected at the first class. Students must bring their own set of headphones.

Instructor: Noteworthy Music

Course# Day		Date	Time	Age	Mtg.	Loc.
289.1.403	Sa	7/2-8/20	10:40-11:25am	13+	8	ARYC

SPECIAL EVENTS

Flea Market

August • 8am-5pm

Alum Rock Youth Center continues on next page

Visit us on the web at www.sanjoseca.gov/prns or email us at PRNSinfo@sanjoseca.gov



EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 59.

If you sign up for the whole series of Fun with number, colors, ABC's there will be a \$5.00 discount.

Fun With Numbers NEW

\$48

Participants will be introduced to numbers, by various activities such as songs, games, and art projects. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

				instructor: Staj		
Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.300	М	7/11-8/29	12:15-1:15pm	2.5-4	8	ARYC

Fun With Color - NEW

\$48

Participants will be introduced to colors with various activities such as art project, games, and songs. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

				I_{ℓ}	istructo	r: Staff
Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.301	W	7/6-8/24	12:15-1:15pm	2.5-4	8	ARYC

Fun With ABC's · NEW

\$48

Participants will be introduced to their ABC's with various activities such as art project, games, and songs. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

 Course#
 Day
 Date
 Time
 Age
 Mtg.
 Loc.

 289.1.301
 Th
 7/7-8/25
 12:15-1:15pm
 2.5-4
 8
 ARYC

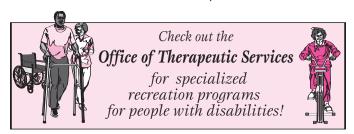
Fun With Paint - NEW

\$48

Participant will have fun experimenting with paint using there hand and paint brushes. Children need to wear clothing that will get messy. This is recreation only. It is not a licensed day care program. Child must be toilet trained.

 Course#
 Day
 Date
 Time
 Age
 Mtg.
 Loc.

 289.1.301
 T
 7/5-8/23
 12:15-1:15pm
 2.5-4
 8
 ARYC



Strong Neighborhoods Mission:

To build clean, safe and attractive neighborhoods with strong, independent and capable neighborhood organizations.

THERAPEUTIC RECREATION

Leisure Club East

\$53

This club is a leisure education program designed to develop leisure awareness interests and social skills for individuals with developmental disabilities. Individuals must be able to understand simple directions and require minimal supervision. Snacks will be provided.

Course#	Day	Date	Time	Age	Mtg.	Loc.
263.1.808	T	6/28-8/9	7-8:30pm	18+	7	ARYC

Diabetes Camp

\$100

6/27-7/1 • Location ARYC

Call Tom Smith at Diabetes Society at 287-3785

This week long day camp is co-sponsored by Diabetes Society of Santa Clara Valley and OTS. Children ages 5-13 with diabetes will participate in camp games, arts, crafts, and field trips. Nurses and Nutritionists each day teach skills related to disease management and diet.

CAMPS

Summer Day Camp - NEW

\$125

This program consists of four (4) two week sessions. Each participant will receive a camp t-shirt, free admission and transportation for all trips, and a "Session Memory Book". Campers will enjoy a structured program consisting of arts & crafts, sports, games and each week will consist of a theme. Each participant needs to bring a bag lunch every day. This program is recreational in nature and is not a licensed day care. SPACE IS LIMITED TO 50 PARTICIPANT PER SESSION. Note: trip days may begin earlier and/or end slightly later. A notice will be sent home with campers. *No Camp 7/4*

Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.901	M-F	6/27-7/8	10am-4pm	6-12	9	ARYC
289.1.902	M-F	7/11-7/22	10am-4pm	6-12	10	ARYC
289.1.903	M-F	7/25-8/5	10am-4pm	6-12	10	ARYC
289.1.904	M-F	8/8-8/19	10am-4pm	6-12	10	ARYC

Extended Hours - NEW

\$30

This program is designed for working parents to have the opportunity to bring their child(ren) early before camp and pick them up after work. Children will have fun playing games, relaxing, meeting new friends, and much more.

No Camp 7/4

Course#	Day	Date	Time	Age	Mtg.	Loc.
289.1.905	M-F	6/27-7/8	8-10am	6-12	9	ARYC
289.1.906	M-F	6/27-7/8	4-6pm	6-12	10	ARYC
289.1.907	M-F	7/11-7/22	8-10am	6-12	10	ARYC
289.1.908	M-F	7/11-7/22	4-6pm	6-12	10	ARYC
289.1.909	M-F	7/25-8/5	8-10am	6-12	10	ARYC
289.1.910	M-F	7/25-8/5	4-6pm	6-12	10	ARYC
289.1.911	M-F	8/8-8/19	8-10am	6-12	10	ARYC
289.1.912	M-F	8/8-8/19	4-6pm	6-12	10	ARYC